

Tired hound or Active Pup?

Get a Super Energy Boost...*When You Need It!*

Remember playing chase and "hide and seek" as a child? It seemed you had an infinite source of energy! Imagine how much you'd achieve today if you had even fifty percent of that energy and enthusiasm.

You'd feel excited everyday when you woke up. You'd get through the day with energy to spare for evening activity. You'd feel exhilarated after working out, instead of exhausted. And you'd have the stamina you need to achieve your goals.

Why do we lose the electric charge we have as children?

As we age, the brain continuously receives messages from hormones produced by the adrenal glands and the pituitary gland. The levels of these hormones determine how old your body is. When the hormone levels drop, the body begins to get tired and worn down, and you find yourself thinking, "I'm not as young as I used to be." Health problems may surface and your quality of life could be affected.

Lack of energy is the number one health complaint heard by doctors.

If you're always tired and your own doctor has ruled out illness or disease, you could be suffering from poor metabolic efficiency or Catabolic Metabolism (your body's break-down/tear-down mode). It is possible, however, to activate a shift to an Anabolic Metabolism (your body's youthful, building and renewing mode) by changing the signals from your brain to your body.

How much you exercise, the food you eat and supplements you take; as well as the amount of sleep you get, all influence your

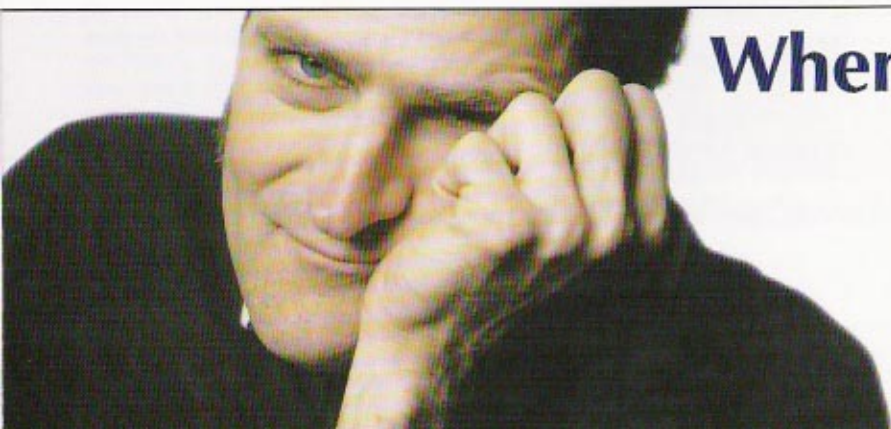
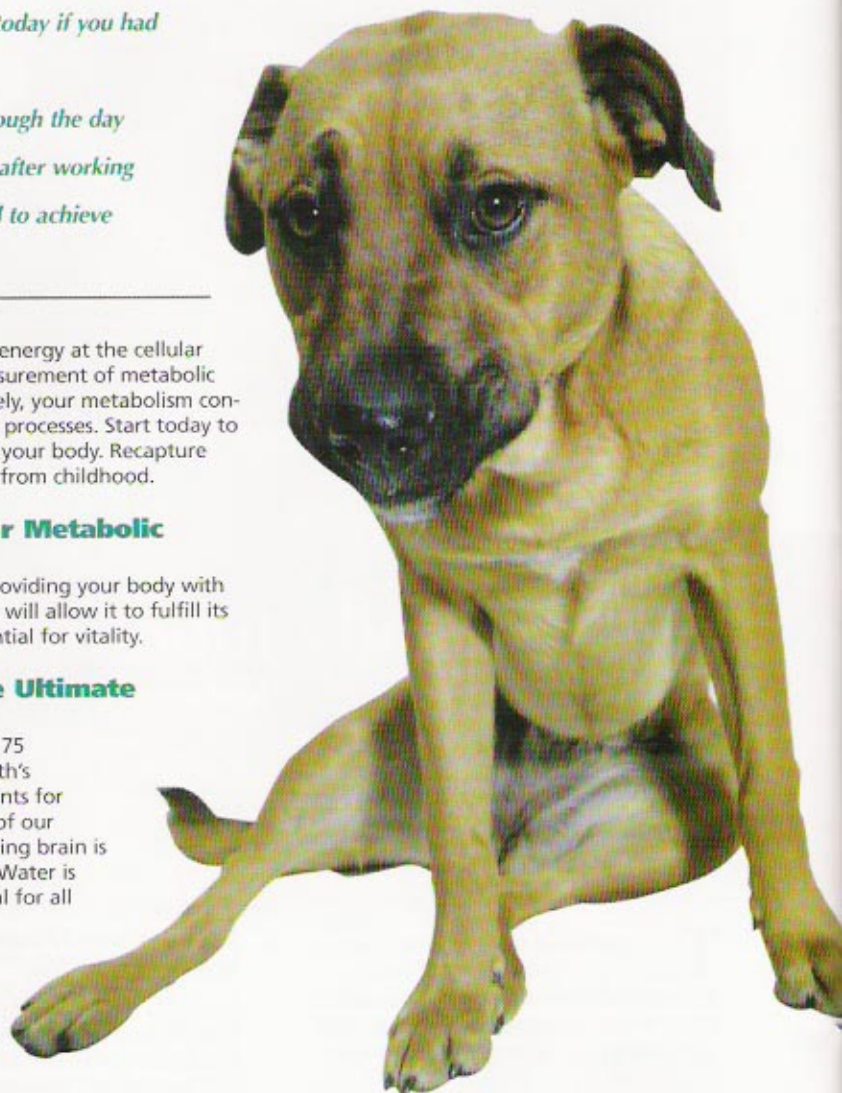
ability to produce energy at the cellular level — a key measurement of metabolic efficiency. Ultimately, your metabolism controls each of these processes. Start today to repair and rebuild your body. Recapture that joy and vigor from childhood.

Increase Your Metabolic Efficiency

Eating well and providing your body with excellent nutrition will allow it to fulfill its own natural potential for vitality.

Water as the Ultimate Nutrient!

Water covers over 75 percent of the earth's surface, and accounts for about 70 percent of our bodies. Your amazing brain is 80 percent water. Water is absolutely essential for all bodily processes. Dehydration aggravates tiredness and



When your get-up-and-go

There's a wealth of untapped energy potential in every one of us. If you feel tired, run-down and generally can't seem to keep going past 9 o'clock, your body may be suffering from an inability to synthesize the energy resources that are naturally available to it.

Oasis Bio-Energy supplement contains stimulant-free botanical