

Balance the scales inside, and the one on the bathroom floor will finally weigh less.

Okay, you admit it. You belong to that ever-growing category of Americans who weigh too much. You've given up breakfast. You've even replaced lunch with a "diet shake." Then why—you ask yourself—aren't the pounds staying off?

Because losing weight isn't about fad diets or jogging until you drop. It's about balancing your metabolism. If your body doesn't process fat effectively, too much fat accumulates and you gain weight.

If your assimilation and digestion of food is sluggish, you'll also gain weight. Or, if your body absorbs carbohydrates too quickly, you'll crave sweets, overeat and gain weight.

That's why we formulated the *Be Trim*™ program—so you can control your weight naturally, and keep it off.

- *Be Trim* herbal tablets will help balance your fat metabolism, appetite and cravings.
- *Be Trim* herbal tea will help support the action of the tablets by balancing blood-glucose levels.
- *Be Trim Therapeutic Aroma*™ supports both the tablets and the tea, and can be used anytime.

The end result? You'll feel better about yourself and enjoy permanent weight control, from the inside out.



Be Trim Type 1 (AHBT1) \$24.95

Be Trim Type 2 (AHBT2) \$24.95

Be Trim Therapeutic Aroma (ARO-BT) \$14.95

Be Trim Tea (TEBT) \$4.99

Speak with a Health Educator for More Detailed Information



800-255-8333